

Name:	Circle 1: Sylmar CHS / Sylmar Magnet / Biotech	Sport:
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Sylmar Charter High School - Athletic Clearance Packet

Process: All paperwork needs to be submitted and “cleared” by the Athletic Director before any student-athlete may practice/play with a SCHS sports team. The school nurse only reviews the athletic physical and cannot clear a student-athlete. **Paperwork is turned in directly to your coach.** Your packet is reviewed for completeness and will be returned if they are missing a signature or other important items. Do not give packet to the Athletic Director. Coaches review packets for errors and then turn packets into the Athletic Director. Rosters are provided to coaches of all cleared student-athletes by the Athletic Director.

Step	Task	Check-off
1	Log into athleticclearance.com <ul style="list-style-type: none"> • Create an account • Select current school year • Select school: Sylmar (CIF-LA) • Select specific sport (You need a separate confirmation page for each sport you intend to play) • Print confirmation page (Both parent/guardian and student-athlete need to sign & date form) 	
2	Sport physical by medical doctor <ul style="list-style-type: none"> • Must be completed on LAUSD provided form • Must have the following: doctor’s “wet” signature, doctor’s stamp, and effective date • If student-athlete has asthma, be sure to have doctor complete the “Self-Medication” form (separate sheet, pick up in Health Office) 	
3	Pre-Participation Physical Examination form <ul style="list-style-type: none"> • Must respond to each question • For each “yes” response, a brief explanation is required to be written in lower right or on the back of sheet; include question number • Both parent/guardian and student-athlete need to sign 	
4	Photocopy of medical insurance card (front & back) <ul style="list-style-type: none"> • Must have medical insurance to participate • If student-athlete does not have medical insurance, a purchase can be made through K & K Insurance at www.studentinsurance-kk.com 	
5	Emergency Card <ul style="list-style-type: none"> • All sections must be complete (You need a separate Emergency Card for each specific sport student-athlete intends to play) • Parent/guardian must sign the bottom of form 	
6	Transfer Student – <ul style="list-style-type: none"> • Have you been a student at SCHS for the last 12 months? Yes – Transfer paperwork not needed. No – Transfer paperwork is required. 9th Graders enrolling for the first time in HS do not need transfer paperwork.	
7	Review Everything – Check for signatures, dates and/or responses	

DO NOT Turn in Incomplete Packets, they will be returned

COACHES ONLY : Circle One Team – Frosh/Soph - JV - Varsity